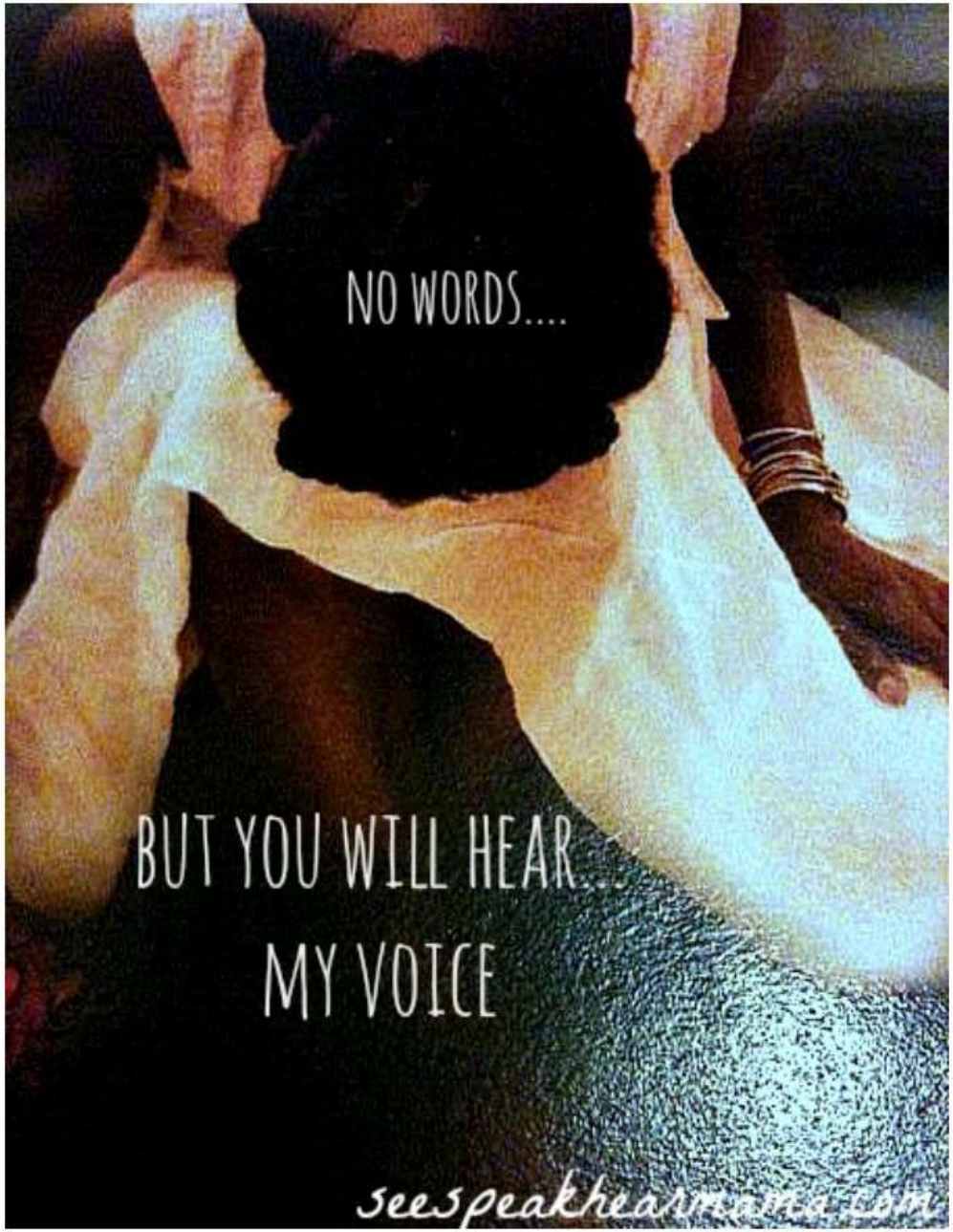


WARRIOR SONG:

notes of hope on infertility and adoption

by Lisha Epperson



NO WORDS....

BUT YOU WILL HEAR
MY VOICE

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I SEE YOU.

YOU MAY NEVER SPEAK A WORD...EVER...

BUT I HEAR YOU

YOUR TRUTH HAS TRANSFORMED AND INSPIRED.

YOU MY WARRIOR FRIEND,
SPEAK....AND ARE HEARD.

ADOPTION....



A STORY OF REDEMPTION THROUGH
SURRENDER

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Preparing to wade into the waters of adoption I hesitated. Pause. What happens if I let go of this baby dream? Does it mean I'll never have a baby? How do I let go of this dream, a dream that almost feels like my baby - the late nights I gently rocked and nursed it... praying, planning and preparing... believing for my miracle.

5 years into my marriage and a devastating late loss of a cherished pregnancy and I got the message. I would have to surrender my dream... to find His. His will. His plan. My destiny designed by Him, with no input from me.

I would have to surrender.

I drank deeply of the meaning of this word when I met my sons' birthmother. I don't compare my loss with hers but I do consider it and have been challenged by it. People often relate to the hands that give but ponder for a moment the hands surrendered to receive. Suffice it to say it's a special place the heart goes in order to survive such a wave of grace. We met, in a place of unspeakable pain, two women, separate sorrows but oh the surrender. We met at the point of surrender.

We had to let go to grab hold of the new dream
God had planned for us.

We share a story of redemption through surrender.



we are kindred spirits

in a cosmic dance

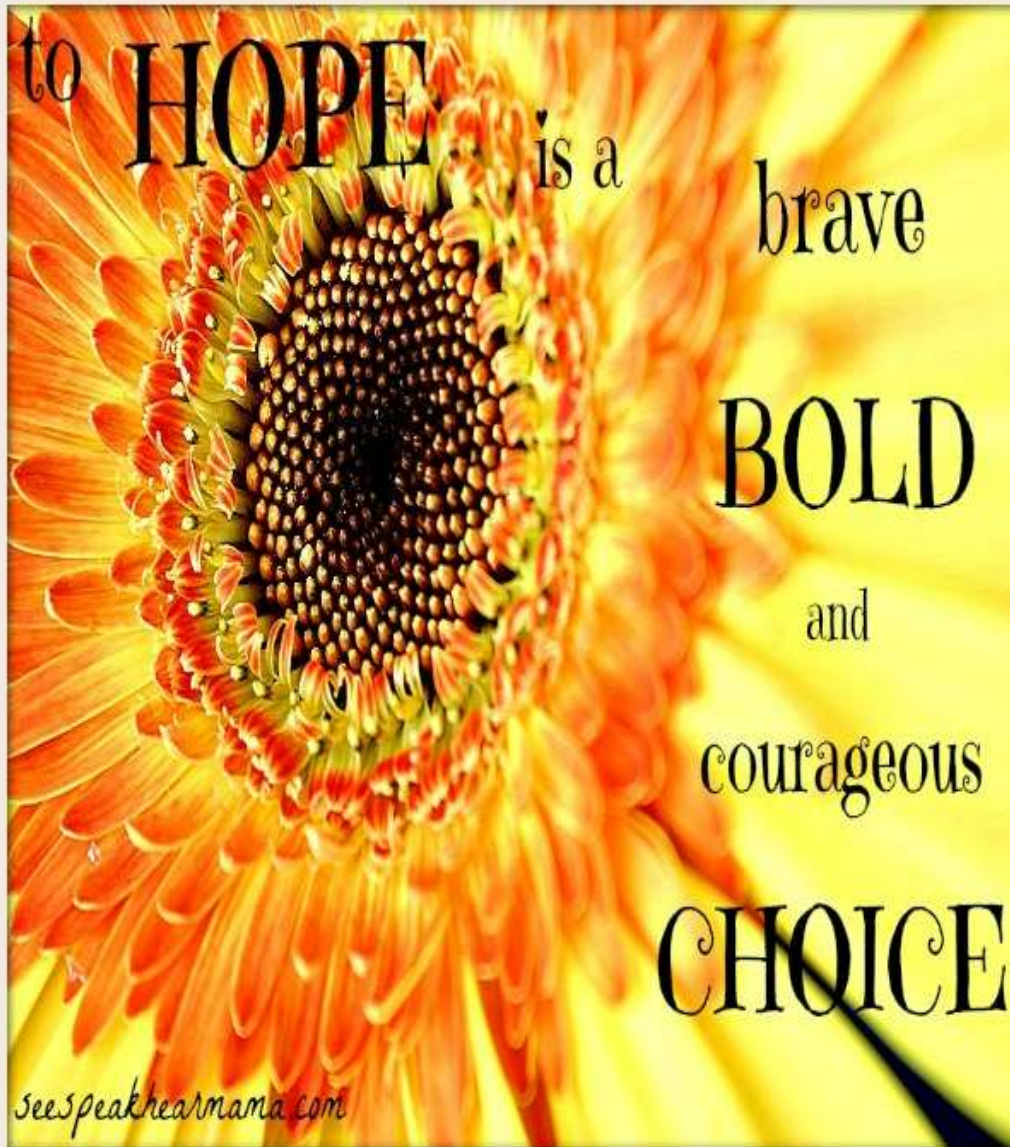
moving to
MUSIC

neither of us has
ever heard...

It began as a dream
maybe
a vision from God
a baby
brought to me by a woman
given to me of God
Her face, her heart, her thoughts are mine

We are kindred spirits in a
cosmic dance

Moving to music neither of
us has ever ...heard



to

HOPE

is a

brave

BOLD

and

courageous

CHOICE

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**TO HOPE IS SOMETIMES THE MOST
DIFFICULT THING TO DO...IT REQUIRES
YOU BELIEVE...IT REQUIRES FAITH.**

HOPE SEEMS IMPOSSIBLE WHEN YOU JUST CAN'T SEE YOUR WAY.
DURING SOME OF THE HARDEST TIMES OF YOUR LIFE IT'S THE ONE
THING YOU'RE TOLD TO HOLD ONTO..BUT ITS ALSO THE MOST
ELUSIVE. SO EASILY SLIPPING THROUGH YOUR GRASP...IT ISN'T
TANGIBLE.

**YOU CAN'T TOUCH OR SEE IT. AND MANY TIMES
WHEN YOU NEED IT MOST THINGS ARE
HAPPENING IN REAL LIFE THAT ARE ABSOLUTELY
CONTRARY TO ANYTHING HOPEFUL.**

BUT TO DO SO IS FEARLESS...
TO BELIEVE ANYWAY...IN SPITE OF CIRCUMSTANCES, FACTS AND THE
REALITY OF WHAT YOU SEE. KNOW THAT EVEN WHEN YOU THINK
ALL HOPE IS GONE, WHEN YOU'RE AT YOUR LOWEST LEVEL OF
FAITH...HOPE IS THERE... THE TINY SEEDLING OF FAITH
REMAINS...BUT YOU'LL HAVE TO TAKE CARE OF IT, YOU'LL HAVE TO
ACKNOWLEDGE IT..

**TO HOLD ON TO HOPE IS A BRAVE,
BOLD AND COURAGEOUS...CHOICE.**

in **SURRENDER**



you'll find

peace

and the sweet

gift of hope

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Would you hear me if I told you that
it's not about the thing you want?

Would you believe me if I told **YOU**
that letting go would release you to dream
again?

Would you accept His dream over yours?

Surrender allows freedom for the dream to
unfold...untethered by expectations and demands.

Surrender allows you to peacefully
explore the maybes and offers in
return the sweet gift of hope.



the collision of
your faith and
hope will set you
up for a miracle

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Miracles are surprises life brings when we aren't expecting anything. They can never be explained and certainly never justified. There is nothing you can do to earn a miracle. But when your faith and hope collide you'll be in a position to receive one - and isn't that what you want? You won't be able to custom design your miracle. It will be created specifically with you in mind but there will be no special requests. **Set yourself up for a miracle with the doubt defeating combination of faith and hope.** Then rest with arms wide open in great expectation to receive.



Take powerful steps
toward healing

YOU...

your heart...
your soul

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Stop. Breathe. Trust. Let His
love sustain you in this season of disappointment.


Your **healing** is important and is in
your hands. Infertility can usher in a
season of doubt and soul-bruising unforgiveness.

You'll have to **choose love** over bitterness
- forgiveness over pride.

Take the powerful step towards your healing by
purposely walking in love. Love heals all.

Love trusts. Love knows no unforgiveable
action and is, at its core, all about letting go of the
hurt.

Is forgiveness part of your
healing?



on the flip side
of
grief and anger

you'll find

gratitude

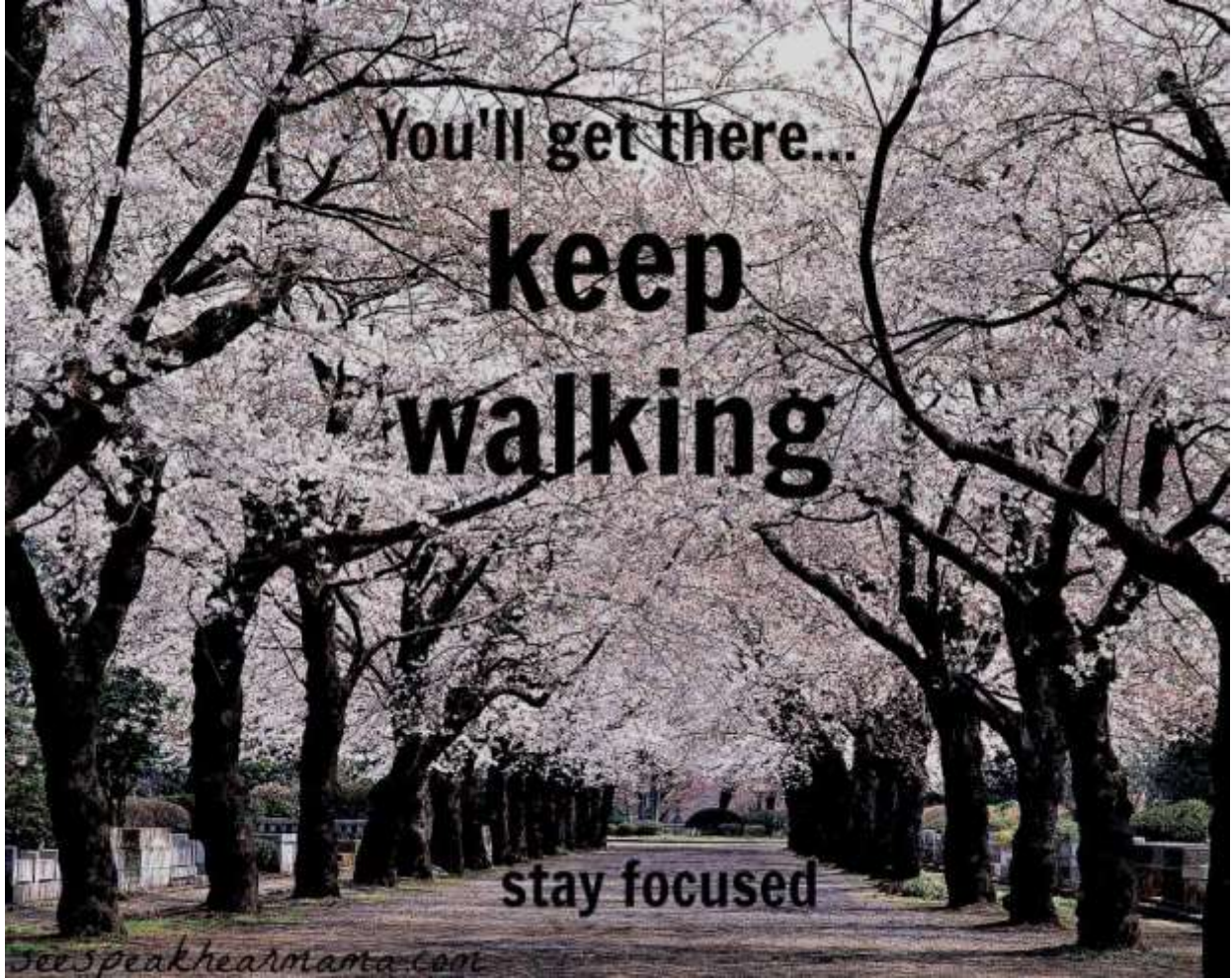
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You may not believe it now but when you get to the other side of this road you'll find a blazing love ball of gratitude.

You're in the valley now and it's straight up hard....I know. Right now your vision is clouded by a mass of grief and anger so thick you can barely move. Frozen in a time capsule full of why's you feel stuck.

But I promise you there is a bright side. God can use this time to bring forth something beautiful in you and perhaps in the life of someone else. It can be a catalyst that brings to fruition all the other dreams He's placed in you. Believe and receive. The powerful experience of gratitude is a promise.



You'll get there...

**keep
walking**

stay focused

see speak hear mama.com

You have no idea what you can handle, how strong you truly are...hold on...don't let go.

Allowing Him to love you through this will give you the strength you need to keep moving forward. Just don't give up. Visit an adoption agency, pursue a new treatment plan, take a break from it all to redirect and reinvent your life. Believe God for direction and take steps of faith to achieve your goals.

You will survive.

Keep walking - a beautiful bonus of your survival is that it ensures the same for others.



**Every warrior has a
story...**

**a lesson to be
revealed**

**how will you use
your voice?**

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I didn't talk about my infertility. Instead I danced. I moved to music and released my tears in tune with a song only I could hear. I used my voice through movement to minister to others and the beautiful reciprocity of our exchange caused my own undeniable and profound healing. I am alive today because I used my "voice".

Your story demands revelation...a sharing with others that ensures the survival of both you and the listener.

Your story can be told through dance, a song, a painting, the written word, a piece of clothing you design, a race you run, a meal you prepare...but it demands revelation.

How WILL YOU USE YOUR VOICE?

Hello Warriors,

This little booklet was written to be shared. It is my hearts cry of hope to all who need to hear. There are however, a few rules:

Resale, editing, altering, or reproducing any portion of this file is not allowed.

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Be blessed!

Lisha

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